

du DANCE
UNLIMITED
schools

2024 - 25

SCHOOL DANCE
PACKAGES

DOING DANCE DIFFERENTLY



danceunlimitedsheffield.co.uk



ARE YOU LOOKING TO ENHANCE AND ENRICH YOUR PHYSICAL EDUCATION CURRICULUM THROUGH THE POWER OF DANCE?

Dance Unlimited is thrilled to bring our wealth of experience and passion for dance to schools. Our team comprises of vastly experienced and dedicated professionals who are deeply passionate about the transformative benefits dance can have on children's lives.

ESTABLISHED IN 2013

Dance Unlimited has positively impacted the lives of over 10,000 children aged from 18 months to 18 years old. In keeping with our values of innovation, imagination, teamwork, passion, inclusivity, and positivity, Dance Unlimited creates a vibrant and enriching environment where children experience the joy of dance, forge meaningful friendships, and develop essential life skills.

We firmly believe that dance is not only a joyful form of expression but also a vehicle for positive growth and development. Through dance, children can build confidence, enhance creativity, improve physical fitness, promote teamwork skills and develop perseverance and resilience.



DANCE IN THE CURRICULUM

It is important to recognise that dance is a fundamental component of the national curriculum, highlighting its significance in the educational landscape. As such, we are committed to supporting schools and educators in meeting curriculum requirements while also fostering a genuine love and appreciation for dance among students.

Together, let's harness the magic of dance to inspire and enrich the lives of our children in schools, ensuring that every child has the opportunity to experience the joy and benefits of dance education.

“Experience the enriching benefits of movement, fostering resilience, self-discovery, and a profound sense of community in every child”

Sports Premium Indicators

WE ARE PLEASED TO HIGHLIGHT THAT OUR DANCE PROGRAMS ARE STRATEGICALLY DESIGNED TO ADDRESS THE FIVE KEY AREAS OF SPORTS PREMIUM FUNDING:

INCREASING STAFF CONFIDENCE AND SKILLS

Our structured lessons led by experienced professionals provide hands-on upskilling opportunities for staff, enhancing their confidence and competence in delivering PE and dance activities.

BOOSTING PUPIL ENGAGEMENT IN PHYSICAL ACTIVITY

Our inclusive dance programs encourage regular physical activity among all children through enjoyable, age-appropriate content, catering to all abilities.

ELEVATING PE AND SPORT ACROSS THE SCHOOL

Incorporating dance into the curriculum and school enrichment activities raises the profile of PE, dance and sport, positively impacting and contributing to whole-school improvement.

PROMOTING EQUALITY IN PHYSICAL ACTIVITIES

By delivering diverse dance offerings, which promote inclusivity and equality, we foster improved confidence, teamwork and social skills, and overall well-being.

ENCOURAGING PARTICIPATION IN COMPETITIVE SPORTS

We enhance children's interest and participation in competitive activities through opportunities including intra and inter school competition, promoting a love for movement and exercise.



“...ensure that improvements to the quality of PE, sport and physical activity provision made now are sustainable and will benefit pupils joining the school in future years; and...

....develop or add to the PE, sport and physical activity that the school provides” (DfE, 2024)

Our Lessons

WE PRIORITISE SUPPORTING ALL CHILDREN, REGARDLESS OF THEIR ABILITIES, TO ACHIEVE LEARNING AND SUCCESS.

ADAPTIVE TEACHING

Through adaptive and personalised teaching, our lessons ensure that each child can progress at a pace that is suitably challenging.

PROGRESS

Our lessons will demonstrate the progression of dance skills, both within a single session and across a unit of work. This allows children to see their improvement over time and encourages them to continue developing their skills.

ASSESSMENT

We employ various assessment methods in physical education, specifically tailored to dance, to aid skill development and knowledge retention. By utilising different assessment techniques, we ensure that children grasp and remember the dance concepts effectively.

"Explore the transformative power of dance, nurturing confidence, creativity, and a lifelong appreciation for the arts."



QUESTIONING

An essential aspect of our teaching approach is the effective use of questioning. We guide children through reflective questions that encourage critical thinking and deepen their understanding of dance movements and techniques.

PLANNING

Our lesson planning focuses on delivering engaging dance sessions that captivate the interests of all children and motivate them to participate actively. We emphasise creativity and inclusivity to ensure that every child feels involved and valued.

SUPPORT

Our teachers will work alongside your school staff to enhance their confidence, competence, and knowledge in delivering high-quality dance lessons within the school, and supporting in areas such as assessment, schemes of work, lesson planning and QA processes in PE and dance. Together, we aim to empower educators to create enriching dance experiences for all students.

Styles of Dance

STREET DANCE

Get ready to groove to the beat!

DANCE FITNESS

Who says workouts can't be fun?!

CONTEMPORARY

Let your imagination run wild!

POM

Pom dance is like a burst of energy!

CHEERLEADING

Imagine being a superhero of spirit!

ACROBATICS

Get ready to flip, twist, and soar through the air!

DANCE MIX

Mix it up and let your creativity shine!

STRICTLY FEVER

Catch the dance bug and feel the rhythm!

MUSICAL THEATRE

Step into the spotlight and become a star of the stage!

Additionally

AS WELL AS OUR EXPERT LESSON DELIVERY, YOU WILL ALSO HAVE THE OPPORTUNITY TO ACCESS A WHOLE RANGE OF OTHER BENEFITS AND SERVICES, INCLUDING:

INTER SCHOOL DANCE COMPETITIONS

ACADEMY TRUST COMPETITIONS

DANCE COMPETITION PREPARATION

SCHOOL PRODUCTION SUPPORT

CAREER TALKS

NATIONAL SPORTS WEEK SUPPORT

DANCE CELEBRATION DAYS

ENRICHMENT PROGRAMMES

DANCE CPD FOR STAFF

SCHOOL HOLIDAY DANCE CAMPS



“Experience how movement fosters confidence, collaboration, and wonder in young minds.”

School Dance Packages

Each package is based on a 6 week block of delivery

DOING DANCE DIFFERENTLY

Lite Partner

Half Days

Lite Choice 1
2 hours curriculum delivery, AM / PM (circle)

£569

Lite Choice 2
3 hours curriculum delivery, AM / PM (circle)

£849

Core Partner

Half Days

Core Choice 1
3 hours curriculum delivery, AM / PM (circle) (+1 from below)

- Lunch Club
- Afterschool Club

Core Choice 2
2 hours curriculum delivery (PM) + lunch club + after school club

£1119

Deluxe Partner

Full Days

Deluxe Choice 1
5 hours curriculum delivery

Deluxe Choice 2
4 Hours curriculum delivery (+ 1 from below)

- Lunch club
- After school club
- 1 Staff CPD session

Deluxe Choice 3
3 hours curriculum delivery (+ 2 from below)

- Lunch club
- After school club
- 1 Staff CPD session

£1389

Premier Partner

Full Days

Premier Choice 1
6 hours curriculum delivery

- 1 full day
- 2 half days

Premier Choice 2
5 hours curriculum delivery (+ 1)

- Lunch club
- After school club
- 1 Staff CPD session

Premier Choice 3
4 hours curriculum delivery (+ 2)

- Lunch club
- After school club
- 1 Staff CPD session

Premier Choice 4
3 hours curriculum delivery (+ 3)

- Lunch club
- After school club
- 1 Staff CPD session
- 1 Staff CPD session

£1659

Custom Selections

Our custom selections provide you with personalised options to enhance our main packages. These additions can be integrated into any of our levels – Lite, Core, Deluxe, or Premier – adding extra value and tailored solutions to meet the needs of your children and staff.

Alternatively, create a bespoke program by picking and mixing from our custom menu, ensuring a perfect fit for your school's requirements..

Custom Menu

Extra Days/Half Days

1 half day

Offering 3hr half-days in a morning or afternoon, or full 6hr days, choose from one-off lesson delivery, dance workshops, school production support, dance celebration days, or targeted group interventions.

£149

1 full day

£289

Dance Club - After School Provision

6 week block

Either a 6-week block or for the full school year, these sessions provide children with engaging and structured dance activities that promote creativity, fitness, and teamwork. Our after-school clubs ensure a fun and enriching experience for all children.

£289

Full year
(39 weeks)

£1869

Dance CPD Session for School Staff

Dance CPD
session

Our tailored CPD sessions are designed to enhance confidence and skills in delivering dance. These development opportunities equip your staff with practical techniques and creative strategies to integrate dance effectively into the curriculum.

£299

We are committed to working closely with you to develop a personalised service that aligns with your school's goals and vision.

If our existing packages and custom selections don't quite meet the specific needs of your school, please speak to us to discuss how we can create a customised program that suits your requirements.

Why Partner with Us?

CURRICULUM ENHANCEMENT

Dance fosters creativity, discipline, and teamwork. Our lessons enrich your curriculum, offering a dynamic educational experience beyond traditional learning.

COMMUNITY ENGAGEMENT

Integrating dance education shows your commitment to holistic development and cultural enrichment. Our programs create inclusivity, uniting children, teachers, and families through the arts.

EXPERT GUIDANCE

Our skilled dance teachers bring extensive knowledge and expertise, helping nurture talent and boost confidence in every child.

READY TO DANCE INTO THE FUTURE?

Join us today, and transform the way your children experience Dance Physical Education!

Let's dance toward a brighter future, together.

FOR ENQUIRIES AND PARTNERSHIP OPPORTUNITIES, PLEASE CONTACT US AT:

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Instagram: [danceunlimitedsheffield](https://www.instagram.com/danceunlimitedsheffield)

The logo for Dance Unlimited Schools is located in the bottom right corner. It features a stylized lowercase 'du' in a purple font, followed by the words 'DANCE UNLIMITED' in a bold, uppercase, sans-serif font. Below this, the word 'schools' is written in a purple, lowercase, cursive script. A thick purple horizontal bar is positioned below the word 'schools'.